

As of 02/11/20 Items to donate for SCC FIT Food Pantry

Plant Protein

- Peanut or Almond Butter
- Dried Nuts and Seeds - Peanuts

Dairy & Dairy Alternatives (must be shelf stable)

- Soy Milk
- Almond Milk

We are currently in need of Gluten-Free grains for Members with Celiac disease or gluten intolerance

Enriched Grains

- Dry Pasta & Noodles-all types
- Mixed Rice
- Dry Cereals (cold/hot instant)

Fruit

- Dried fruit (without added sugar or fat)

Miscellaneous

- Coffee
- Tea